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store.americanheritagegirls.org

The AHG Girl Uniform is a valuable part of the AHG Program. It represents belonging to a community that shares similar beliefs and strives toward common goals. A Girl Member in the AHG Official Uniform symbolizes being part of an organization dedicated to building women of integrity through faith, service, and fun.

As ambassadors of Christ in the local community, the AHG Official Uniform serves as a powerful symbol, bringing together Troops in a shared commitment to advancing the mission and values of AHG. Wearing an AHG Official Uniform encourages Girl Members to grow in the meaningful values represented within the AHG Creed, fostering personal growth and a sense of unity.

PROMISE TO BE COMPASSIONATE HELPFUL*HONEST DYALPERSOURCEFUL RESPONSIBLE REVERENT

RESPECTFUL AND RESPONSIBLE

Taking care of and wearing a neat, tidy, and upto-date uniform is a big responsibility and shows respect for their AHG commitments. AHG Official Uniforms help identify members and the AHG Program within the community. They also make it easier for Troop leaders to keep track of their girls.

COMPASSIONATE AND PURE

Girl Members in uniform come together on equal footing, free from the distractions of fashion trends or social pressures. This means they can fully embrace the values of AHG meetings with open hearts, focusing on building genuine connections and showing care for their Troop friends. In a uniform, they stand confidently and sincerely, ready to bond and grow, fostering a positive and supportive atmosphere for all.



Wearing the AHG Official Uniform shows others that a member is Loyal to the AHG Oath, Creed, and Mission.



PERSEVERANT

Seeing the uniforms of older girls can help younger girls persevere through their AHG journey. Girls can aspire to wear the AHG Official Class A Uniform for the next Program Level, knowing that each advancement in the program opens new opportunities and experiences—moving from a red vest to a blue vest to a sash.

The colorful AHG Official Class B Reach Higher T-Shirts serve as another exciting incentive for girls to advance to the next Program Level. These t-shirts can be kept as AHG memorabilia, reminding girls of the service and Level Award projects that stretched them to grow in various skills and abilities.

PATHFINDERCLASS A UNIFORM



PATHFINDER

Pathfinder Necklace with star, heart, round, Troop Number and AHG logo beads

AHG Official Pathfinder T-Shirt

Navy skirt, pants, capris, Bermuda-style shorts, or skort



See the Pathfinder Unit Leader Guide for information on what each bead symbolizes.



PATCHES

In addition to earning beads, Pathfinders can also acquire patches by attending events or by participating in Patch Programs. Pathfinders do not have a specific place on their AHG Uniform to place patches. They are encouraged to collect these patches and add them to a bag. Visit the AHGstore to order an AHG bag and for all of your Uniform needs.



TENDERHEART

AHG Official Short-Sleeved Girl Uniform Polo in white

Official Tenderheart Vest

Official Tenderheart Neckerchief

AHG Official Neckerchief Slide

Navy skirt, pants, capris, bermuda-style shorts, or skort



EXPLORER

AHG Official Short-Sleeved Girl Uniform Polo in white

Official Explorer Vest

Official Explorer Neckerchief

AHG Official Neckerchief Slide

Khaki or navy skirt, pants, capris, bermuda-style shorts, or skort

For all of your Uniform needs visit store.americanheritagegirls.org.



The Explorer Vest is shown above. The placement is the same for a Tenderheart Vest.



PIONEER

AHG Official Short-Sleeved Girl Uniform Polo in white

Official Pioneer Sash worn on the right shoulder

Khaki/navy skirt, pants, capris, bermuda-style shorts



PATRIOT

AHG Official Short-Sleeved Girl Uniform Polo in red

Official Patriot Sash worn on the right shoulder

Khaki/navy skirt, pants, capris, bermuda-style shorts

For all of your Uniform needs visit store.americanheritagegirls.org.

PIONEER & PATRIOT INSIGNIA



SASHES

A Girl Member may keep the same sash for all six years as a Pioneer and Patriot or start a new sash when she moves to become a Patriot.

If a Pioneer or Patriot decides to wear the same sash the entire time, this piece of the uniform needs to remain neat with badges sewn in an organized pattern. Girls may find they are running out of space on their sash after creating the three flowers and lining up additional badges across the bottom. See the "OVERCROWDING" section on page 11 for recommendations on this issue.

If a girl chooses to move to a new sash as a Patriot, she may not wear two side by side or crisscrossed across her chest (one on each shoulder). With the decision to switch sashes after her Pioneer Program Level, she will only wear her Patriot sash from that point forward.

If a girl is having trouble keeping her sash on her shoulder, the AHG Sash Pin is available on the **AHGstore** to connect the sash to the polo! This pin can be worn for Pioneer and Patriot years and is not earned.





JOINING AWARD & LEVEL AWARD PLACEMENT

The Joining Award is the first insignia a girl earns when she joins AHG. It fills the center of her first badge, "flower," on her new uniform. The Level Award earned at the end of a girl's time in one Program Level begins the center of her first badge flower at the next Program Level.

If a girl did not earn the Level Award from a previous Program Level, the Joining Award starts the next Program Level's flower. She can choose her Joining Award from her retired uniform or buy a replacement award and begin the center of her first flower on her uniform for the next Program Level.

If a girl starts as a Pathfinder and receives both her Fanny Crosby Level Award and her Joining Award, then the Joining Award is placed between the Membership Pin and the Troop number.

BADGE PLACEMENT

The method for starting the first flower or honey-comb on a vest or sash is to place the Joining Award or Level Award in the center of the pattern. The flower or honeycomb pattern created with her badges will include one badge from each Badge Frontier, starting with the Heritage Frontier. Then move clockwise around the flower to Family Living, Arts, Outdoor Skills, Personal Well-Being, and Science & Technology (reference page 11 for more details). A girl who earns two badges out of the same Frontier before completing her first flower will place the second badge on the opposite side of her vest or toward the bottom of her sash.

See page 6 for an example of a Tenderheart and Explorer vest. See page 8 for an example of a Pioneer and Patriot sash. The first
Frontier Badge (Heritage)
starts her "flower" with
the Joining Award or
Level Award in center



TENDERHEARTS

Option 1

Start flower with the Fanny Crosby Level Award and add her Joining Award to her vest above her Membership Pin.

Option 2

Start flower with the Joining Award or Level Award.

EXPLORERS

Option 1

Start flower with the Sacagawea Level Award.

Option 2

Start flower with the Joining Award.

PIONEERS

Option 1

Start flower with the Ida Scudder Level Award.

Option 2

Start first flower with the Joining Award.

PATRIOTS

Option 1

Start second flower on the Pioneer sash with the Harriet Tubman Level Award.

Option 2

Start flower with the Joining Award.

Option 3

Start first flower on the new Patriot sash with the Harriet Tubman Level Award.

After a girl completes one of these options, she can add a second flower or third flower with the Abigail Adams Level Award in the center. It is also permissible to "book flap" the Abigail Adams Level Award over the Ida Scudder Level Award (see the following section).

UNIFORM GUI

IDENTIFICATION & PLACEMENT OF AHG BADGES



Ancestor Detector

















Caring for

Bible









Book





















Cycling





Dance



Daughter

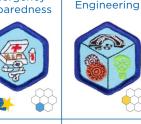


Dawn of



Digital







Entrepreneurship





Family































Badge outline color denotes level: blue = Tenderheart, red = Explorer, white and gold = Pioneer/Patriot. Badges shown in red are not offered at the Tenderheart level. Frontier icon shows where on "badge flower" to put the first badge earned in that Frontier at that level.



















UNIFORM GUIDE

IDENTIFICATION & PLACEMENT OF AHG BADGES

Identity



Insects (Tenderheart & Explorer)

Internet Adventure

Kid Care





Music





Medical



Meteorology



Management

Money

Appreciation

Music

Performance

American

Nature & Wildlife



Needle Arts



Ornithology



Our Constitution



Our Flag



Our Heritage



Outdoor Cooking



Outdoor Skills



Pen & Paper Arts



Personal Care



Pet Care



Photography



Physical **Fitness**



Public Speaking



Puppetry



Robotics



Rock Climbing (Explorer, Pioneer & Patriot)



Scrapbooking



Sewing



Shooting Sports



Sign Language



Social Skills & Etiquette



Survival Search & Rescue



Sustainable Living



Swimming



Textile Arts



Theater



Together As A Family



Toys & Games



Travel



Heritage

U.S. Military



Women Inventors



Women of Faith



World Heritage



World Languages



Zoology



A Stars & Stripes **Award Candidate** may count one **AHG Sports Pin** as a fitness-type badge.



NOTE:



Badges shown in red are not offered at the Tenderheart level. Frontier icon shows where on "badge flower" to put the first badge earned in that Frontier at that level.





Badge outline color denotes level: blue = Tenderheart,

red = Explorer, white and gold = Pioneer/Patriot.







ADDITIONAL INSIGNIA PLACEMENT

A girl may run out of space for all the badges, patches, Service Stars, and other insignia on her vest or sash! Insignia may not be extended beyond the original design of vest or sash, as it will start to look untidy and unorganized.

Catholic Faith Awards Placement

Segment patches may be worn on the back of a girl's vest or sash. Medals can be worn on the front of her vest or sash. Tenderhearts and Explorers wear the medals under the Troop numbers on their vests. Pioneers and Patriots wear the medals under the AHG Flag Patch on their sashes.





Catholic Faith Awards Placement

B.Y. Faith Awards

Each Program Level has a pin that can be worn on the front of her vest or sash. Tenderhearts and Explorers wear their pins under their Troop numbers on their vests. Pioneers and Patriots wear their pins under the AHG Flag Patch on their sashes. These pins can be transferred to each new uniform, stacked one on top of the other.





B.Y. Faith Awards Placement

Any patches earned through a particular B.Y. Faith Award are placed on the back of a girl's vest or sash and would not move to the next uniform.

GRIT with Grace Insignia and Sports Pin Placement

GRIT with Grace Insignia and Sports Pins are positioned on the front of a girl's uniform. GRIT with Grace Insignia is placed on a vest along the bottom hem on the left side. The Sports Pins are placed on a vest along the bottom hem of the right side. Both are to be worn near the bottom hem on the sash.





Explorer Vest

GRIT with Grace Insignia & Sports Pin Placement

National Honor Troop Award Placement

The NHTA Patch is worn on the back top of a girls vest or sash.

Stars & Stripes Award Placement

The proper placement of the Stars & Stripes Award Patch is on the chest of the AHG Official Short-Sleeved Girl Uniform Polo on the side opposite the sash using the AHG Membership Pin from her sash. If a recipient becomes a Young Adult Member (YAM) or Adult Leader, she will wear the patch on her AHG Official Adult Uniform Polo on the side opposite the AHG logo. Stars & Stripes Award required badges are marked on the Identification & Placement charts within this document and are also listed in the *Stars & Stripes Award Guide* on AHGresource.



PATCH PLACEMENT

Acceptable patches for the AHG Uniform include AHG Patch Program patches, Troop-earned patches, and AHG Event Patches. Consider displaying patches from outside activities such as family outings, museums, National Parks, etc., on items such as tote bags or backpacks.

OVERCROWDING

adhering insignia.

- 1. AHG recommends extra badges and patches be "book-flapped" by tacking two corners of a badge over an existing badge. This remedy can be applied to AHG Service Stars and patches as well.
- 2. A girl's sash can run out of space if she wears the same sash for all six years as a Pioneer and Patriot. When moving from her Pioneer to Patriot Level, a girl can purchase a separate sash. This option will allow for more space on both the Pioneer and Patriot sashes.





Patch Samples



Book-Flapping

MOVING INSIGNIA TO THE NEXT PROGRAM LEVEL

A girl's vest or sash represents her current AHG story. Most insignia is Program Level-specific and cannot be moved from one uniform to the next. Badges earned at the end of a Program Level are attached to the current uniform, not the future uniform.

Listed below are a few exceptions:

- Sports Pins can move from one uniform to the next if a girl remains active in that sport.
- The B.Y. Faith Award Pin can move from one uniform to the next to stack her arrows.
- If a Patriot chooses to get a new sash, she may move her gold badges to her new sash.

 GRIT with Grace insignia starts a new at the Tenderheart and Pioneer Level, but can move from a Tenderheart to Explorer

or Pioneer to Patriot.

ATTACHING BADGES, PATCHES, AND ADDITIONAL INSIGNIA

Although badges and some other insignia have an ironon backing, sewing, or using Badge Magic, a product available in the <u>AHGstore</u>, is suggested to reduce wear and tear and keep badges attached to a girl's vest or sash.

NOTE: Information about uniform policies can also be found in the AHG Volunteer Handbook or in the Girl Uniform Guide.



Badge Magic (available in the <u>AHGstore</u>)

Are shirts required to be tucked in or allowed to be left untucked when a girl is in uniform?

Shirts may be tucked in or untucked, as long as the overall look is neat and tidy.

What types of bottoms can girls wear with the AHG Official Class A Uniform?

A girl can wear pants, capris, skirts, skorts, or shorts with AHG Official Class A Uniforms. A girl should ensure uniformity and modesty when selecting which shorts, skirts, and skorts to wear as part of the AHG Official Class A Uniform. The hem of her shorts, skirts, and skorts should reach past mid-thigh towards the knee, including any slits within the clothing. For most, this is around 2" above the knee.

NOTE: For shorts, Bermuda-style options tend to achieve this fit best.

What types of bottoms are not considered part of the AHG Official Class A Uniform?

Jeans, leggings, jeggings, and cargo pants are not approved as part of the AHG Official Class A Uniform.



What shoes are required as part of the AHG Official Class A Uniform?

Closed-toe shoes are required for the AHG Official Class A Uniform. Consider footwear consistent with other uniform pieces.

What types of tights or hosiery may be worn with skirts or skorts?

Opaque tights that complement the uniform may be worn in white, navy, or red solid colors. Skin tone or navy hosiery is acceptable to wear with the uniform.

What options are available in colder weather?

Solid white or red long-sleeved shirts may be worn under the AHG Official Polo in colder weather. Proper outerwear (such as coats and jackets) and headgear (such as hats) are essential to health and safety. Consider items appropriate for the weather conditions that coordinate with other uniform pieces. Do not wear the AHG Uniform with clothing that displays offensive language or that supports organizations not aligned with the AHG Oath, Creed, and Mission.

AHG OFFICIAL CLASS B UNIFORM

AHG Official Class B T-Shirts are found online in the AHGstore. The AHG Official Class B T-Shirts can be worn with any modest, casual bottoms, such as jeans. These t-shirts are great for hands-on community service, field trips, or other Troop activities where wearing the full AHG Official Class A Uniform may not be appropriate. If the AHG Official Class A Uniform is not possible, the AHG Official Class B Uniform is the preferred dress over over spirit wear for media appearances, service projects, parades, and during the flag ceremony at camp.

The AHG Class B Uniform is available in red and blue Classic Short- Sleeved T-Shirts, red Classic Long-Sleeve T-Shirts, and Reach Higher T-Shirts which are available in different colors based on Program Level!



Classic T-Shirt

AHG OFFICIAL CLASS B CLASSIC T-SHIRT

The AHG Official Class B Classic T-Shirt is great for hands-on community service, field trips, or other Troop activities where the full AHG Official Class A Uniform might not be appropriate. If the AHG Official Class A Uniform is not possible, the AHG Official Class B Uniform is the preferred dress over over spirit wear for media appearances, service projects, parades, and during the flag ceremony at camp.

AHG OFFICIAL CLASS B REACH HIGHER T-SHIRT

The AHG Official Class B Reach Higher T-Shirt is the preferred apparel for field trips, camping, or any outing/activity where girls are in groups by Program Level.

CAN A TROOP WEAR A MIXTURE OF THE TWO AHG OFFICIAL CLASS B UNIFORM T-SHIRTS?

No. Girls must wear the same AHG Official Class B Uniform T-Shirt style when the Troop has opted to wear their AHG Official Class B Uniforms as a collective group. The whole Troop or Unit would wear

either the AHG Official Class B Classic T-Shirt (mixing short-sleeved and long-sleeved permitted) or the AHG Official Class B Reach Higher T-Shirts.

SPIRIT WEAR

This includes non-uniform shirts that are purchased from the <u>AHGstore</u> or created by the Troop. Spirit wear is not a substitute for AHG Official Class A or Class B Uniforms. Spirit wear can be worn with any modest, casual bottoms, such as jeans, and is great for camping, casual wear, and spreading the name of AHG.



FLAG CEREMONIES

The uniform standard for a flag ceremony is the AHG Official Class A Uniform, whether a girl is at a Troop meeting or a social event. While at camp, the AHG Official Class A Uniform is preferred for flag ceremonies, but the AHG Official Class B Classic T-Shirt may be worn instead.

Girl Members should salute the flag when wearing the AHG Official Class A Uniform or AHG Official Class B Uniform. The right hand is placed over the heart in spirit wear or other attire.

TROOP MEETINGS AND EVENTS

The Class A Uniform is the primary uniform for American Heritage Girls Members. Class A Uniforms are expected whenever representing AHG in the community and during Troop meetings. When Class A Uniforms are not sensible (a messy art project or outdoor event), the AHG Official Class B Classic T-Shirts or the colorful AHG Official Class B Reach Higher T-Shirts are acceptable. The AHG Official Class B Reach Higher T-Shirts are another exciting incentive for girls to advance to the next Program Level. Girls can hold onto these t-shirts as AHG memorabilia, reminding them of service and Level Award projects that stretched them to grow in various skills and abilities.

All Girl Members are expected to wear the same type of uniform when gathered together. Mixing AHG Official Class A Uniforms and AHG Official Class B Uniforms is not encouraged. Still, it may be permitted on rare occasions (e.g., one Unit is planning a messy activity, but others are not).



For additional questions on uniforms,

please contact your **Hometown Mentor** or **Troop Support Specialist**.

Information about uniform policies can also be found in the AHG Volunteer Handbook or in the Adult Uniform Guide found in AHGresource, keyword search "uniform".





UNIFORMS

Though AHG aims for consistent uniform standards across the country, you may come across images in AHG materials that do not fully reflect AHG's current, official uniform. As AHG makes updates and expands the AHG Girl Handbooks and uniform options there may be conflicts with previously published information regarding uniform standards. *This document supersedes any previously published information on uniform standards and contains the most up-to-date information about the AHG Official Uniform.*

AHG never wants girls to feel ashamed or embarrassed about differences between their current uniform and what is in printed materials. Member families are encouraged to update their uniform pieces as they are able. AHG also recommends that Troops set up a benevolence fund in their Troop budget (with appropriate guidelines) to assist families in maintaining consistent, up-to-date uniforms during their time in AHG.

